



# Annual Review

2017-2019



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## Mission Statement:

Preserve, promote and prove. To protect and promote the McTimoney protocol worldwide.

## Vision Statement:

The McTimoney approach is a unique, gentle and whole body chiropractic protocol, suitable for babies, children, adults and animals; utilising the toggle torque recoil technique and includes peripheral joint analysis, mobilisation and adjustments. The McTimoney way utilises broad diagnostic skills, recommends therapeutic and rehabilitative exercises and can provide dietary, nutritional and lifestyle advice.

## Meet the Team

The Trust is comprised of four Board members all of whom have experience and expertise within business, education and (McTimoney) chiropractic arenas. Barbara Husband, Chair; Imelda Twine, Treasurer; and Kevin Grant, who brings a wealth of experience following 15 years of service for the General Chiropractic Council. The newest member of the team, Duncan Edwards, predominately worked in engineering related businesses. Duncan acted as a senior consultant to the Malaysian Ministry of Health, writing and implementing project plans and procedures for hospital support services. A staunch advocate of chiropractic since being introduced to chiropractic by the McTimoney family, Duncan introduced his wife, Deirdre, then a health visitor, to McTimoney Chiropractic.

The Trust is supported by Pam Dixon, Policy and Governance Advisor; Christina Jobe, Executive Coordinator and Kerry Southerton, Events Organiser.

[www.mctimoneytrust.org/team](http://www.mctimoneytrust.org/team)

## What have we been up to?

The McTimoney Trust is the owner of the McTimoney College which has been managed by BPP University on behalf of the Trust since 2011. Whilst the College is an important element in the activities of the Trust, the Trust has also been busy with various projects. Following the transfer of the day-to-day running of the McTimoney College of Chiropractic to BPP University the Trust undertook a fundamental review of its policies and practices. This included the engagement of external consultants to undertake key tasks, this has involved the Trust working with national and local charities, health departments of several Universities, the National Health Alliance and other experts in the fields of community engagement, research, organisational change and development.

The Trust has been represented at a number of events in 2017 and 2018; as well as engaging with events, the Trust maintains its position as a keen collaborator with colleagues and organisations in order to effectively meet our aims.



# Community Clinics

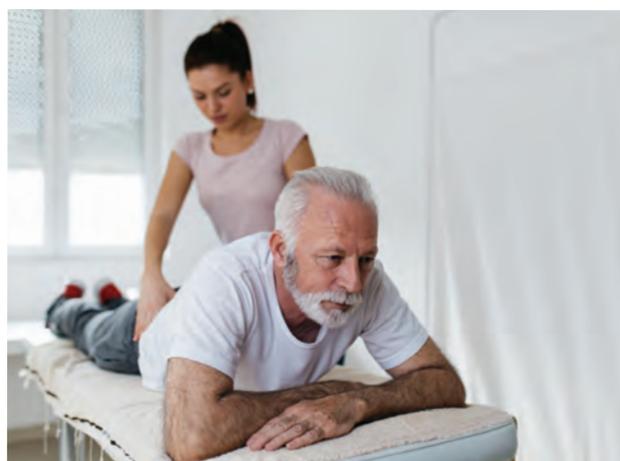
The Trust, having previously supported the provision of subsidised clinics, via the College, has considered other ways to increase general awareness and access to McTimoney treatment. The Trust is planning to open Community Clinics in 2019.

The purpose of this exciting new project is:

- To provide access to McTimoney Chiropractic treatment to adults and children who may benefit from treatment but cannot access it due to financial barriers.
- To focus on vulnerable people who may be high level users of health services before treatment begins.
- To demonstrate to health commissioners the benefits of McTimoney Chiropractic.
- To add to the body of research of the cost benefit and impact of McTimoney Chiropractic.

The pilot project will be delivered in the Midlands area with a team of volunteer McTimoney Chiropractors and the support of community-based organisations.

The Community Clinics project represents the cornerstone of the Trust's overall aim to promote, prove and preserve the McTimoney Method and we are proud to be able to support John McTimoney's ethos of making McTimoney accessible to all.



## Oral History Project

The Trust has been working with a renowned historian as part of its Oral History project. The aim of this project is to capture a comprehensive history of McTimoney from McTimoney's past and present, as well as those who trained and worked with John McTimoney and members of his family. This exciting project supports the McTimoney Trust's remit to preserve, promote and prove McTimoney. Not only will this project provide a fascinating insight into the work of John McTimoney, it will help ensure that his method is honoured and kept alive.

## Archive

The Trust is in the process of collecting and recording historical information, interesting artefacts or anything that relates to McTimoney.

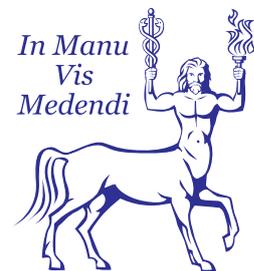
For more information or items for donation please contact: [info@mctimoneytrust.org](mailto:info@mctimoneytrust.org) or phone: 0845 539 0092

## Wills and Legacy

The Trust is very grateful to have received donations from the estate of Bronwen Herbertson and the estate of Barbara Minter. These donations inspired the Trust to look at setting up a Legacy and Wills service, this is due to launch in 2019.

# McTimoneyConnect

McTimoney Connect is the alumni group for graduates of the McTimoney College. It is connecting all McTimoneys who live far apart, work in their own ways and have different experiences of training. This social association for graduates brings together old friends and new McTimoneys.



The Connect group has grown since the launch in 2015. Connect is online with the group's closed Facebook page. Graduates of the McTimoney College can also sign up to a mailing list via: [connect@mctimoneytrust.org](mailto:connect@mctimoneytrust.org) or by phoning: 0845 539 0092

The Trust undertook a survey in 2017 and in its response to feedback from Connect members has hosted events across the country. The first Connect Local event based in the North was held in June 2018 in the Manchester McTimoney Chiropractic College venue, St James' Building, Manchester. This provided an ideal opportunity to network and socialise as well as view the wonderful resources available in Manchester, including the student teaching clinic, funded by the McTimoney Trust. It is the Trust's objective to offer CPD at Connect events as standard, and the Trust was delighted to welcome Sylvan Richardson to the event who delivered his compelling and interesting 'Fascinating Fascias' session.

In November, Connect members met in Solihull, West Midlands for another successful evening with a joyful mix of new graduates alongside graduates from the early 1980s. A new graduate described the evening as "feeling connected with McTimoney for the first time".

The Trust has Connect Local events planned throughout 2019. The Trust offers McTimoney graduates the opportunity to host their own Connect Local events with financial and administrative support from the Trust.

McTimoney Connect welcomes and offers support to all McTimoney graduates, whatever path they have chosen since graduating.



# College Support

## McTimoney Chiropractic College - Manchester

The Trust donated £110,000 to enable the college to open the student teaching clinic in Manchester. This has significantly increased the availability of McTimoney Chiropractic in that area as well as accessibility to training in the North of England. A significant percentage of students training at Manchester are overseas students - flying in for lectures is common place! December 2018 marks the graduation of the first tranche of Manchester students.

Other support for the college in recent years includes: funding membership to the Royal Society of Medicine Library for all students, the purchase of research equipment, funding Research Assistants to complete dissertations and research papers, funding an update of the college website and marketing material, including a promotional video for the Manchester facility.

## McTimoney Trust Student Awards Scheme

The Trust has continued to support students of the McTimoney College of Chiropractic during their studies. Each year the Trust operates a programme comprising three types of award: John McTimoney Award, Bronwen Herbertson Award and Discretionary Awards. The Bronwen Herbertson Award is funded from a legacy from Broni's estate.

To date, the Trust has awarded £250,000 in Student Awards. Approximately 50% of students that graduated in 2016, 2017 and 2018 received financial support from the Trust.

### Quotes from recipients of the McTimoney Trust Student Awards

*"Sometimes it gets really hard not to get stressed about balancing money and time to study. Receiving this bursary makes me feel supported and part of the McTimoney Community."*

*"I would not be still on the course if not for the Trust. The Trust is making this possible. Thank You, the McTimoney Trust is giving me the opportunity to live my dream as a McTimoney Chiropractor!"*

## Student Support

In 2016 the Trust undertook a survey of MCC students to help the Trust better understand the financial challenges faced by students. On-going analysis and feedback from the Student Awards programmes identified the need for further financial support for students. The Trust worked in collaboration with Oxfordshire South and Vale Citizen's Advice Bureau (OSCVA) to deliver a bespoke financial healthcheck for students at the College. Students had the opportunity to be contacted by a member of the OSCVA team to discuss their financial situation and be offered bespoke advice. This service, provided free of charge to students, helped students to appropriately and effectively manage their finances.

The Alternative Guide to Postgraduate Funding is another resource funded by the Trust to enable students at the College to access and apply for funding. Since subscribing to the guide, the database has been accessed over 200 times by students at the College.

During 2017 and 2018, the Trust supported students to attend chiropractic events by offering over £2000 worth of sponsored places including: MCA and UCA conferences and the Edinburgh Lectures.



# The World Congress of Chiropractic Students, McTimoney Chapter (WCCS)

WCCS is a forum for Chiropractic students from colleges throughout the world to come together to explore their similarities and differences. It gives McTimoney a voice on the world stage. McTimoney students have their own WCCS websites:

<http://www.wccsworldwide.org/mctimoney-college-of-chiropractic.html>  
and <http://mccwccs.weebly.com/>

The Trust has been able to support the McTimoney College of Chiropractic student representatives of WCCS by donating funds to enable them to attend events in France, South Africa, Spain and continues to fund other areas of their activity. The students are ambassadors who share their knowledge of McTimoney Chiropractic worldwide.

The Trust part-sponsored a student's attendance at the 2018 UCA Conference Essentials Conference in Birmingham. The student who attended shared the following feedback of the event:

*"With over 100 students attending this year's UCA conference I was lucky enough to have a sponsorship from McTimoney Trust to make my attendance possible at my first UCA conference.*

*What an amazing experience I had at the UCA conference. Meeting up with friends from World Congress of Chiropractic students (WCCS). I was given the opportunity to meet other Chiropractors who have generously offered me external observation hours which is fantastic for my education and personal progression in understanding chiropractic care. I met Ross McDonald, DC who was informing me about the Scottish Chiropractic Schools future which was interesting as I come from Glasgow, Scotland. Many inspirational speakers and strong female leaders gave me such positive vibes by the end of the weekend to mentally, physically and emotionally better myself and believe I will be a successful Chiropractor in the near future.*

*I greatly thank the McTimoney Trust for the kind sponsorship which helped me attend the UCA conference."*

## McTimoney College Graduation – 24 March 2018

Trustees attended the Graduation held at the renowned Oxford Union building. The

prestigious event was hosted by Professor Valerie Pennachio, Vice Principal of MCC, who spoke personally of each graduate.

Certificates were awarded by Professor Christina Cunliffe, Principal of MCC who also gave the address. Family and friends filled the hall to celebrate the

success of all graduates. Thirty graduated with an Integrated Masters in Chiropractic and five graduated with an MSc in Animal Manipulation; 50% of the graduating students in 2016, 2017 and 2018 received financial support from the McTimoney Trust.



Graduation news can be found at:  
[www.mctimoneytrust.org/graduation](http://www.mctimoneytrust.org/graduation)

## ECCE Accreditation

July 2018 brought Congratulations to MCC and BPP University for achieving ECCE recognition with this announcement from the ECCE recognition.

*In July 2018, the European Commission on Accreditation (ECCE) made the following announcement:*

*"ECCE is delighted to announce the Commission on Accreditation at its meeting on 8 July 2018 decided to accredit the 5 year Full-Time (extended) Masters in Chiropractic [Integrated] and Pathway Programme at McTimoney College of Chiropractic.*

*ECCE congratulates the College on its accreditation of both the 4 year full-time and the 5 year full-time (extended) programmes."*



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